

## ABUSIVE BEHAVIOR INVENTORY

<i>Client No. 1</i>		<i>Client No. 2</i>		
<u>Past</u>	<u>Now</u>	<u>Past</u>	<u>Now</u>	
_____	_____	_____	_____	<b>PHYSICAL ABUSE</b>
_____	_____	_____	_____	Block the way, stand in doorway
_____	_____	_____	_____	Hold captive, keep from leaving the house
_____	_____	_____	_____	Lock out of shared home
_____	_____	_____	_____	Refuse to help sick, injured, or pregnant partner
_____	_____	_____	_____	Abandon partner in a dangerous place
_____	_____	_____	_____	Push or shove
_____	_____	_____	_____	Grab or hold
_____	_____	_____	_____	Pin to floor, bed, wall
_____	_____	_____	_____	Throw down or knock down
_____	_____	_____	_____	Slap
_____	_____	_____	_____	Hit with fist
_____	_____	_____	_____	Twist arm
_____	_____	_____	_____	Pull hair
_____	_____	_____	_____	Kick
_____	_____	_____	_____	Bite
_____	_____	_____	_____	Pinch
_____	_____	_____	_____	Pull hair
_____	_____	_____	_____	Butt heads
_____	_____	_____	_____	Choke, put hands to throat
_____	_____	_____	_____	Throw objects at partner
_____	_____	_____	_____	Hit with an object
_____	_____	_____	_____	Hit, shove, or kick pregnant partner
_____	_____	_____	_____	Use a weapon to hurt or threaten
_____	_____	_____	_____	Cause bruises, cuts, black eyes
_____	_____	_____	_____	Cause broken bones
_____	_____	_____	_____	Cause impaired vision or hearing
_____	_____	_____	_____	Burn or scald
_____	_____	_____	_____	Cause hospitalization
_____	_____	_____	_____	Injure or disfigure permanently
_____	_____	_____	_____	Prevent from receiving medical care
_____	_____	_____	_____	Kill or attempt to kill
_____	_____	_____	_____	<b>VERBAL ABUSE</b>
_____	_____	_____	_____	Scream or holler
_____	_____	_____	_____	Use foul language
_____	_____	_____	_____	Call names
_____	_____	_____	_____	Put partner down, say demeaning things
_____	_____	_____	_____	Criticize frequently or continually
_____	_____	_____	_____	Make fun of a disability or shortcoming
_____	_____	_____	_____	Make jokes at partner's expense
_____	_____	_____	_____	Ridicule or insult partner
_____	_____	_____	_____	Create fear with your voice
_____	_____	_____	_____	Yell in partner's face ("nose to nose")
_____	_____	_____	_____	Manipulate with lies and contradictions
_____	_____	_____	_____	Insult or drive away partner's family or friends
_____	_____	_____	_____	Ridicule or insult partner's religion, heritage, race, class, beliefs

**EMOTIONAL ABUSE**

Domination

- Act like the boss
- Try to tell partner what he/she can or can't do
- Force partner to do things against his/her will
- Treat partner as less than your equal
- Make important decisions without consulting partner
- Refuse to do your share of chores

Intimidation

- Prevent or impede movement
- Use physical size to frighten
- Create fear with actions, gestures, and facial expressions
- Remind partner of ability to hurt him/her
- Drive recklessly to frighten
- Have weapons your partner is afraid of
- Threaten regularly to leave or to make partner leave the relationship
- Threaten to hurt partner's family or friends
- Threaten to take away children
- Threaten to hit, hurt, or abuse children
- Threaten to hit, hurt, or abuse partner
- Threaten to kill partner
- Threaten to hurt or kill yourself

Humiliation

- Ridicule or ignore feelings
- Ridicule or embarrass in public
- Ridicule or embarrass in private
- Force to do demeaning or degrading things
- Talk about an affair (real or invented) to hurt partner

Harassment

- Refuse to leave partner alone
- Follow around the house
- Stalk partner
- Accuse partner of being unfaithful

Isolation

- Prevent or discourage partner from seeing family or friends
- Refuse to let partner leave the house
- Refuse to let partner go to work or school
- Take away car keys or money
- Refuse to socialize with partner
- Refuse to let partner be alone in public
- Monitor partner, interrogate about where he/she has been

Withdrawal

- Withhold approval, appreciation, or affection to punish
- Withhold sex to punish
- Sulk angrily to get even

Self-destruction

- Hit or injure yourself
- Place yourself in dangerous situations
- Attempt suicide

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Using the children

- Turn children against partner
- Use visitation to harass partner
- Punish or deprive children when angry at partner

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Destruction of property and pets

- Threaten to destroy property
- Drop plants or dishes
- Break a window
- Punch or kick a wall, door, doorjamb, etc.
- Slam doors
- Smash objects (TV, stereo, phone, remote control)
- Destroy something of emotional significance
- Threaten to harm a pet
- Neglect, harm, or kill a pet

**SEXUAL ABUSE**

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- Express intense jealousy
- Tell demeaning sexual jokes
- Treat others as sex objects
- Show sexual interest in others when with partner
- Have an affair when you agreed to be monogamous
- Minimize importance of partner's feelings about sex
- Criticize sexual performance or frequency
- Insist that partner dress more seductively or less seductively
- Insist on unwanted touching or other sexual activity
- Threaten to retaliate if partner isn't interested in sex
- Force partner to watch pornography
- Force your partner into sexual activity

**FINANCIAL ABUSE**

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- Completely control the finances
- Refuse to let partner have his/her own checkbook
- Make partner ask for money
- Threaten to hurt partner financially
- Take money or steal property
- Threaten to withdraw financial support
- Refuse to pay your share of bills as agreed

**LEGAL SYSTEM ABUSE**

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- Violate a restraining order
- Violate a child custody agreement
- Lie about partner to police or in court